



April 23, 2008

Dear Third Grade Parents and Caregivers,

I will be starting a Guidance unit in the third grades that will be focusing on Personal Safety. We will have four lessons that are outlined below. All lessons will be presented with age-appropriate discussion and activities.

**Lesson 1: Respect and Honesty**

-Define and give examples of how respect and honesty relate to our safety

**Lesson 2: Responsibility and Courage**

-Define and give examples of responsibility and courage relate to our safety

**Lesson 3: Personal Safety**

-What is child abuse  
-Where to go for help  
-How to protect yourself (NO, GO, TELL)

**Lesson 4: Personal Safety continued**

-What is "right to privacy"  
-Safe touches, confusing touches, unsafe touches  
-How to protect your self (NO, GO, TELL)  
-Common sense safety rules:  
\*Get permission from your parents  
\*Go with a friend  
\*Use refusal skills  
\*Know how to get help

If you have any questions, please contact me.

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